

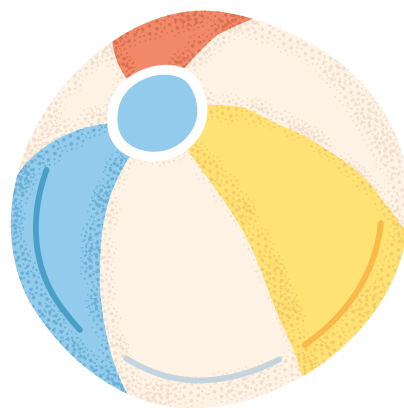
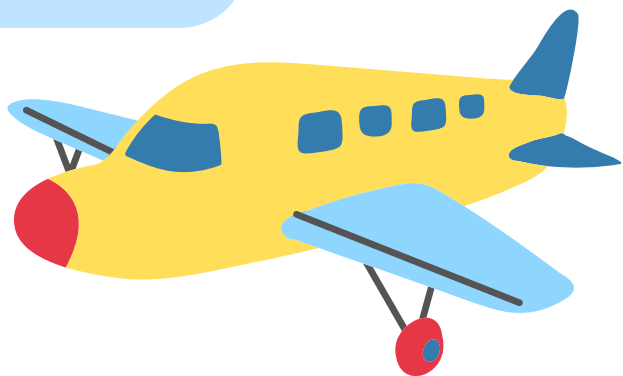
MARIA TANGERINA



LANCHEIRA

SAUDÁVEL

IDEIAS DE LANCHES PARA
CRESCER SAUDÁVEL



LANCHE 1



PÃO DE MISTURA MANTEIGA DE AMENDOIM

BANANA

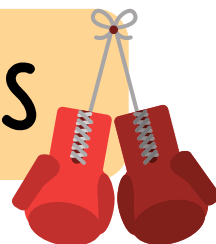
(50g)

(10g)

(50g)



BATALHA DE PREÇOS



0,70€

VS

(1 iogurte)



1,10€



LANCHE 2

PÃO DE CENTEIO
(50G)



QUEIJO
(20G)



MACÃ
(100g)



1,04€

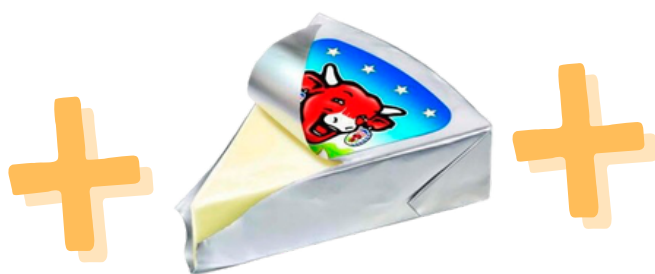


LANCHE 3

PÃO DE CENTEIO
(50g)



QUEIJO VACA QUE RI
(1 TRIÂNGULO)



MACÃ
(100g)



1,07€



LANCHE 4

TORTITAS DE MILHO

(2 unidades)



MACÃ

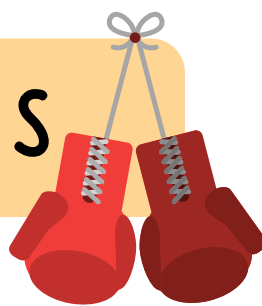
(100g)

IOGURTE NATURAL

(125g)



BATALHA DE PREÇOS



0,74€

VS



1,00€



LANCHE 5

**BOLACHAS
MARINHEIRAS**
(4 UNI)



**QUEIJO
BABYBELL**
(1 QUEIJO)



**TOMATE
CEREJA**
(80g)



1,13€



LANCHE 6

CEREAIS, S/ADICÃO
DE AÇUCARES
(30g)



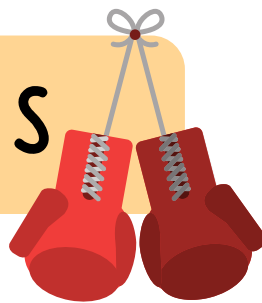
UVAS
(40g)



IOGURTE NATURAL
(125g)



BATALHA DE PREÇOS



0,73€

VS



1,20€



LANCHE 7

TORTITAS DE MILHO
(2 unidades)



QUEIJO VACA QUE RI
(1 TRIÂNGULO)



SAQUETA DE FRUTA 100%
(90g)



0,93€





COMER BEM, CRESCER MELHOR!